



Spiral Dance

*Inspiring people to dance*

*Bringing people together*

**Summary of Projects  
April 2008- March 2009**

**Spiral Dance  
Jape One Business Centre  
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Spiral Dance is a community dance company based in Rochdale, creating opportunities for all to dance through participation, information support and performance. We believe that dance is inclusive and can engage with people of all ages, abilities, levels of experience or cultural background. Dance can be inspiring and motivating and we have developed a variety of opportunities to get people involved.

The aims of the organisation are:

- To provide dance opportunities for all.
- To work in partnership with other organizations, to explore new ideas and encourage collaborations.
- To provide training opportunities that strengthen and develop the organisation and the further advancement of dance artists and teachers.
- To promote the health and wellbeing of the communities we work with.
- To become a benchmark organisation in terms of dance resources and of a professional approach to community arts.

Spiral Dance delivers work through:

HapiDance- Healthy Activity Participating in Dance- Children and Young People  
Every Body Dances- Creative Movement and Dance with Older People  
Dance, to work- Adults in a work environment  
Training and Continual Professional Development  
Build Your Own- Community Dance Projects

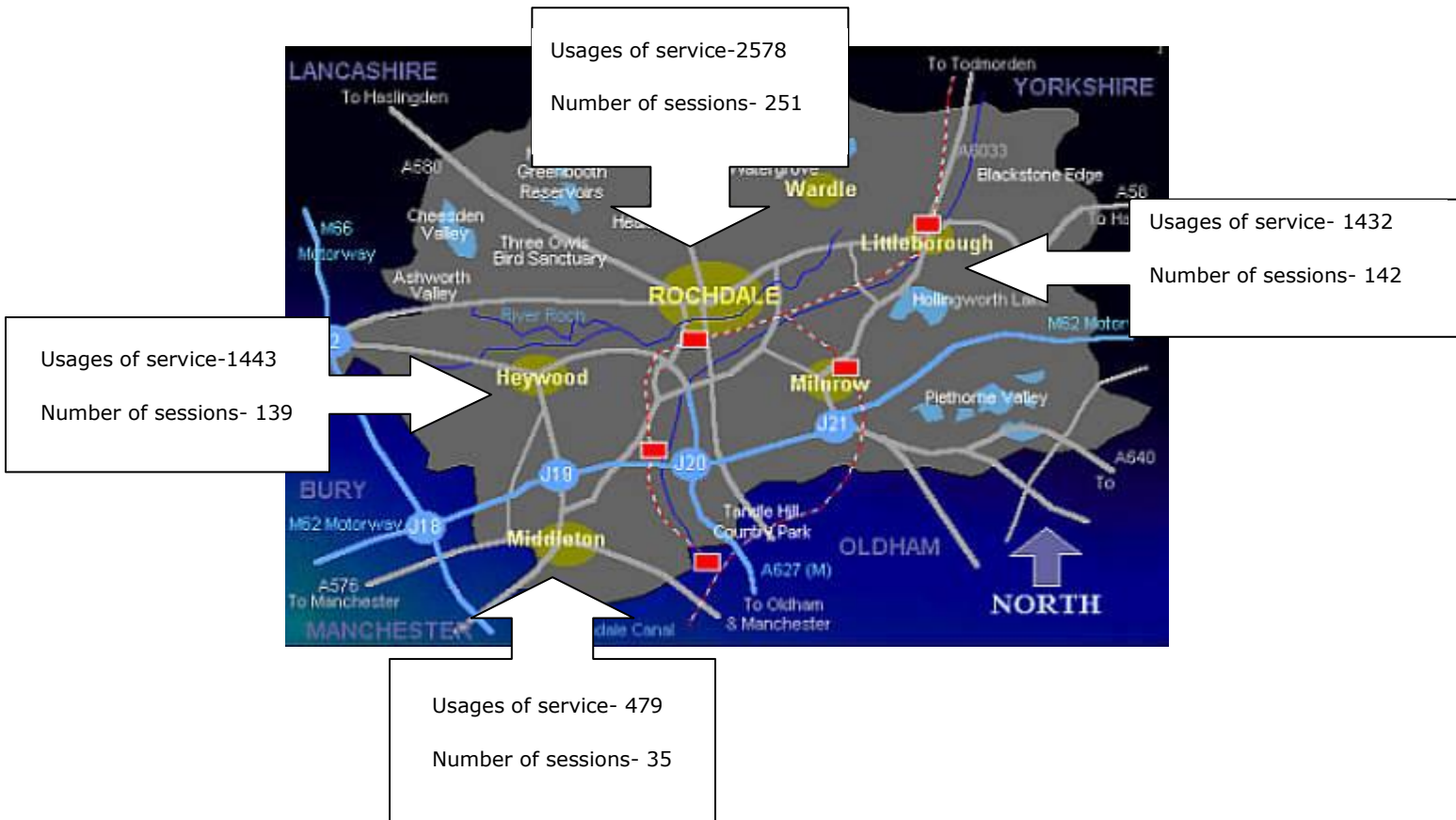
Events

Inside Out

Folkways

Spiral Dance Showcase

**Statistics April 2008-2009**

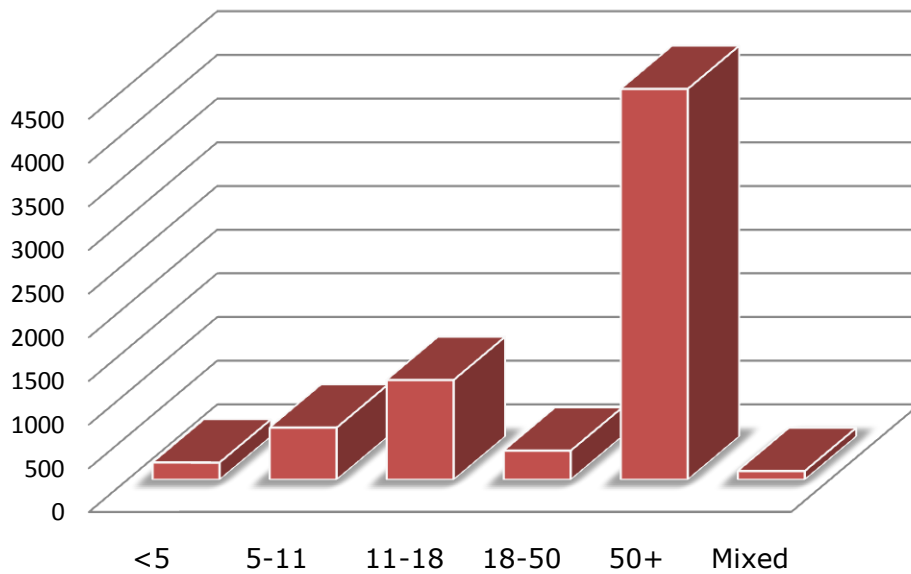


Outside of the Borough of Rochdale Spiral Dance also worked with:

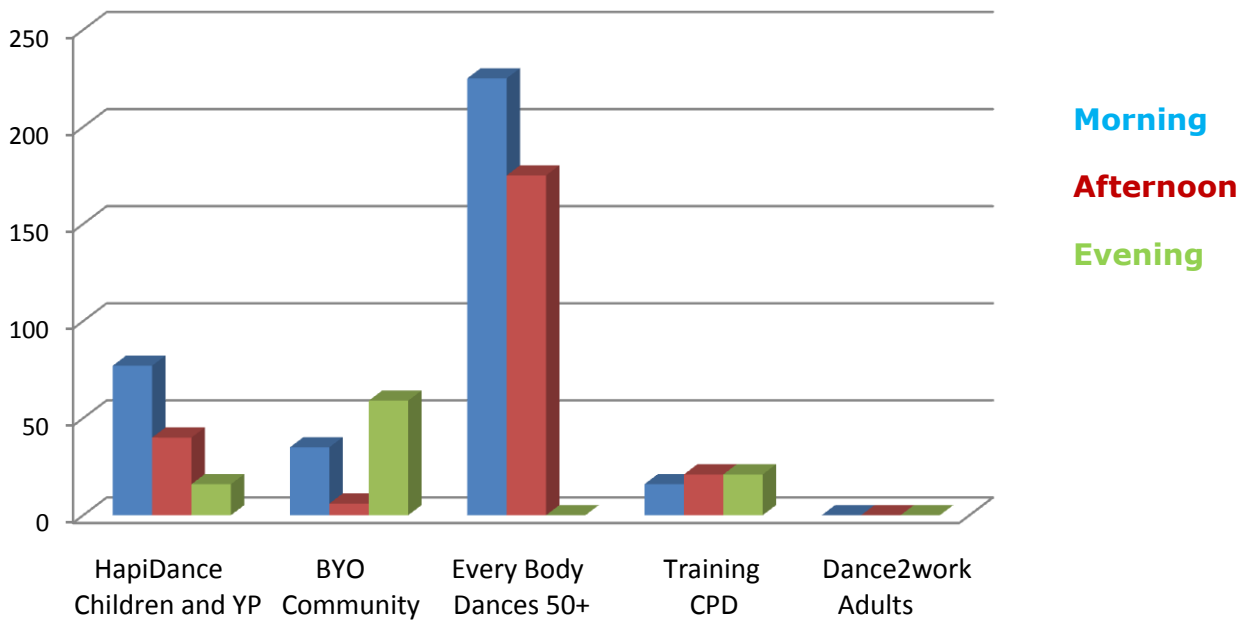
Oldham- 559 usages of service and delivered 99 sessions

Bury- 390 usages of service and delivered 2 sessions

### Age Range of Participants 2008-2009



### Number of Dance Sessions Delivered 2008-2009



## **Partners**

### Funding

DIGM/ Rochdale Link4Life/ Rochdale MBC  
The Big Lottery Fund- Reaching Communities Grant

### Core Project Partners

Arts Colleges/ Diane Amans Consultancy/ Falinge Park High School  
HADP/ Hollingworth Business and Enterprise College/ Just Poets/ Kirkholt  
Community Centre/ Oldham Community Leisure/ Oldham MBC/ Oldham New  
Deal/ POPPS/ Rochdale Youth Service/ Wardle High School

### Project Partners

Arnold Bagnall Court/ Back O' the Moss Community Centre/ Belfield Primary  
School/ Birch Hill Hospital/ Bridgewood Lodge/ Bury Youth Dance Co/  
Cardinal Langly High School/ Carrie Hanson School of Dance/ Castleton  
Primary School/ Chadderton Sports Centre/ Derrick Walker Court/ Elton High  
School/ Fitton Hill/ Fun Fitness 50+/ Gemma Singleton School of Dance/  
Giants Foot Community Centre/ Gracie Fields Theatre/ Greave Community/  
Hamer County Primary School/ Heartline/ Hebron Church/ Heywood Civic  
Centre/ Heywood Community High School/ Heywood Pensioners Association  
Holistic Pathways/ Hollin Link/ Ian Fraser Court/ Imani Jendai and FE' Dance  
UK/ Lincolnshire Dance/ Littleborough Coach House/ M6 Theatre Company/  
Margaret Ward Court/ Matthew Moss High School/ Meadowfields Community  
Centre/ Middleton Leisure Centre/ Middleton Technology College/ Newbold  
Community Centre/ Olive Standring/ Oulder Hill High School/ Parklands  
Nursing Home/ Redwood School/ Ryefields/ Siddal Moor Sports College/  
South Street Nursery Springhill High School/ St Andrews Church/ Sure Start/  
Surma Housing Association/ The Cray/ The Good Companions/ The  
Honeywell Centre/ Thistley Fields/ Turf Hill Community Centre/ Woodland  
Primary School/ Young Oldham Dance

**Spiral Dance Outcomes** *Inspiring people to dance.....Bringing People Together*

In total we have worked with 7642 people through our projects

We have delivered 658 dance sessions

We have employed 27 artists

Frantic Youth Dance have 25 young people attending regularly

10 schools came together as part of the Spiral Dance Inside Out Project

16 groups came together at the Spiral Dance Showcase

8 groups came together for the Spiral Dance Mix It Up Festival in Oldham

We deliver 4 Open Community Classes in Creative Movement and Dance for people aged 50+ with 85 people attending each week

We have trained 3 young people through our Volunteering in Dance Course

We have trained 5 young people through our Creating Dance Course

We have participated in 9 performance events to over 1000 people  
*3 Older People Celebration Events/ Blend/ Danceworks 2009- The Lowry/  
Inside Out/ Liverpool Carnival of Cultures/ Mix It Up- Oldham/ Spiral Dance  
Showcase 2008*

We have hosted a summer school, development day and equal opportunities training for dance artists working with Spiral Dance.

Participants have said.....

‘I didn’t think I could do it- but I did’ ‘We could all do this’

‘It makes you feel good’ ‘It’s more than just exercising’

‘I was feeling depressed but being able to come here has changed that’

‘It’s about the people we meet’ ‘being with friends’

‘I am so much more confident now- I go to other places on my own now’

## Future News....

Spiral Dance has launched a new website in April 2009

**[www.spiraldance.co.uk](http://www.spiraldance.co.uk)**

## Inside Out

In 2009 Spiral Dance will be holding the largest outdoor dance event we have ever hosted. Five primary schools, five secondary schools, five community groups and businesses from across the Borough of Rochdale will come together on The Butts in Rochdale Town Centre and perform together. The seven minute wonder involving 300 people highlights dance crazes over past decades, and social dances that bring people together. The schools who are also involved in the event have created work to perform on the theme of 'because life is in sharing' (*OSHO, Creativity- Unleashing the Forces Within, 1999*) The event will take place on July the 8<sup>th</sup> 2009 at from 12.30pm.

## Folkways

Spiral Dance has been commissioned by Rochdale and Oldham HMR to develop creative activity in the Falinge area around community cohesion. This project is going to form part of the Spiral Dance **Folkways** project that we are delivering across the Borough of Rochdale, funded through the national Lottery programme, Awards For All. **Folkways** is a project that explores friendship, belonging and what it means to 'be me'. The project is about working with families and will include open workshops exploring key themes, setting up two intergenerational performance groups who will meet regularly and the choreography of two performance pieces which will be showcased on December the 10<sup>th</sup> at Rochdale Town Hall.

**Frantic Youth Dance Co...**continue to meet at Falinge Park High School every Tuesday from 5.30-7.00pm for 11-16 year olds

## Every Body Dances Creative Movement and Dance with Older People

This year is the last year of the project focusing on delivering dance with people over 50 years old. The project will continue to deliver open classes and projects throughout 2009/2010. We are currently looking for new partners to continue this work in the future.

### **HapiDance- Healthy Activity Participating in Dance**

From September 2009 we will be launching three HapiDance programmes to be delivered in schools from Key Stage 1-4. These will be on the themes of Identity, Expectations and Lifestyle Choices.

For more information about any of the work of Spiral Dance and how you can be involved please contact any of our staff....

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Rochdale, OL12 6BZ Tel: 01706 644 433

**How you .....have been involved with the work of Spiral Dance in the financial year 2008-2009.....**

Funding Received:

In Kind Support:

Other Support:

Number of participants:

Number of Sessions Delivered:

Age Range of Participants:

Events taken part in:

Benefits and Outcomes: